



# WRMS Counseling Services

## GOAL

To provide counseling services through email, Google Meet, and phone calls. Academic and social-emotional counseling services are available to students even though staff are not physically in the building.

### Available Hours

Monday - Friday

7:30am - 3:30 pm by appointment

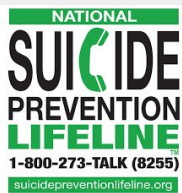
### Other Resources



Crisis Services available 24 hours a day, 7 days a week, 365 days a year. Please call 785-232-5005.



Provides one-on-one messaging with a trained listener available 24/7. Teens can download the app to their smartphones or visit [www.7cups.com](http://www.7cups.com) Enter the code "TALK."




Crisis Text Line  
Text "HOME" to 741741

## STUDENT SERVICE STAFF

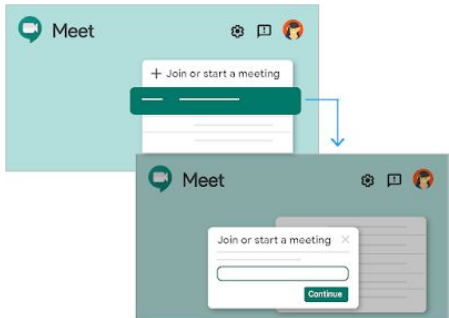
- Tracie Bauer School Social Worker [bauertra@usd437.net](mailto:bauertra@usd437.net)
- Amanda Danielson 7th Grade Counselor [danieama@usd437.net](mailto:danieama@usd437.net)
- Susan Holmes 8th Grade Counselor [holmesus@usd437.net](mailto:holmesus@usd437.net)

## HOW TO MAKE AN APPOINTMENT

1. Email your assigned counselor/social worker
2. Identify briefly what you want to address, and what time and date would work best for you
3. Check your email for an invitation and google meeting code



In Google **Meet**, join a scheduled meeting or use a meeting code.



From your mobile device: Open the **Calendar** event or meeting invite to dial in to a meeting from a phone.

